Ingredients:

Perfectly Salted Pork Crackling

Pork rind, salt, hydrolysed vegetable protein, dextrose, yeast extract.

Low & Slow BBQ Pork Crackling

Pork rind, salt, flavour enhancers E621, E635, tomato powder, spices (paprika, cumin, coriander, cayenne), acidity regulator E262, dextrose, hydrolysed vegetable protein, dehydrated onion, garlic powder, natural flavouring, paprika extract, spice extract.

Marvellous Maple Pork Crackling

Pork rind, salt, sugar, flavour enhancer E621, dextrose, rusk (fortified **wheat** flour (calcium carbonate, iron, niacin, thiamine) salt), molasses extract powder, onion powder, natural flavouring (contains: **soya**), garlic powder, flavouring, spice extract, paprika extract.

Pigs in Blankets Pork Crackling

Pork rind, salt, rusk (fortified **wheat** flour (calcium carbonate, iron, niacin, thiamine) salt), raising agent E503 (ii), yeast extract, flavour enhancer E621, onion powder, hydrolysed vegetable protein, sugar, spice (white pepper), dextrose, acid E330, smoke flavouring, spice extract, herb extract.

Black Pepper & Sea Salt Pork Crackling

Pork rind, sea salt, rusk (wheat flour (calcium carbonate, iron, niacin, thiamine) salt), yeast extract, flavour enhancer E621, spice (black pepper), dextrose, paprika extract, barley malt extract.

Salt 'N' Vinegar Pork Crackling

Pork rind, seasoning (rice flour, acidity regulator E262 (ii), potassium chloride, acid E330, salt), rapeseed oil.

For allergens, please see ingredients in **bold**.

Typical Nutritional Information (per 100g):

	Perfectly Salted Pork Crackling	Low & Slow BBQ Pork Crackling	Marvellous Maple Pork Crackling	Pigs in Blankets Pork Crackling	Black Pepper & Sea Salt Pork Crackling	Salt 'N' Vinegar Pork Crackling
Energy (KJ)	2613	2581	2619	2900	2521	2546
Energy (Kcal)	629	621	626	701	607	613
Fat (g)	48.4	47.5	47.5	62.9	46.5	46.3
of which saturated fat (g)	18.4	16.8	16.3	22.2	16.6	15.6
Carbohydrates (g)	0.5	4.3	2.7	1	1.9	5
of which sugars (g)	0.5	0.3	2.2	0.1	0.3	<0.1
Protein (g)	47.8	43.9	46.8	33	44.5	44
Salt (g)	1.10	1.24	2.5	2.03	3.9	1.8